

# Sepsis

Aug 6, 2014 | 0 

|     

| [critical care](#), [emergency](#), [infectious diseases](#), [intensive care](#), [ontheponds](#)

**Editor:**

**Interviewee:**

---

### 3. On arrival

- Go straight to the bed, general observation, feels the patients feet (warm or cold), infusions, look for source of infection
- Review the notes - are they immunosuppressed, MRSA, post operative?

### 4. Investigations

- BC, VBG and lactate, FBC, UEC, CXR

### 5. Management

- Fluid resuscitation, broad spectrum antibiotics unless source identified, source control

### 6. When to call for help

- Registrar review, if worried call for senior help and if so stay at the bedside to look for response to your treatment and provide a bedside handover, consider ICU review if no or temporary response to fluids

### 7. Handover

- Document, inform nursing and your medical staff of your worries, may need further observation with instructions on when to call, make sure the treating team is aware



## Take home messages

- “The feet are the window to the soul in intensive care” Dr David Anderson

## Related Podcasts

- 
- 
- 
- 
- 

**Tags:** #hypotension,#infections,#lactate,#sepsis,#shock

If you enjoyed listening to this week's podcast feel free to let us know what you think by posting your comments or suggestions in the comments box below.

If you want to listen to this episode while not connected to WiFi or the internet, you can download it. To find out more go to Apple support (<https://support.apple.com/en-us/HT201859>)